



ECHELON
Care & Rehab Center

**Paramount
November Newsletter
Thanksgiving
Social Edition**

WHAT'S HAPPENING AROUND ECHELON



Thanksgiving Social

Our Thanksgiving dinner at Echelon was nothing short of delightful, bringing an abundance of smiles and a warm atmosphere to all our cherished residents. The dining hall was filled with the enticing aromas of a traditional feast, a testament to the culinary magic of our incredible chefs. Their skill and dedication to creating a mouthwatering spread were evident in every bite, from the succulent turkey to the rich, flavorful sides.

The evening was a cozy tapestry of laughter and conversation, made possible by the tireless efforts of the entire Echelon team. Each staff member played a crucial role, ensuring that every resident felt the comfort and joy of the holiday spirit. It was a perfect representation of what we hold dear at Echelon: a strong sense of community and the joy of shared experiences.



As we reflect on this heartwarming event, we are filled with gratitude for the opportunity to bring such happiness to our residents. Here's to a season of giving thanks, embracing community, and savoring the joy of shared feasts at Echelon.

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Pie Giveaway

At Echelon, we deeply recognize that our dedicated staff is the cornerstone of the compassionate care and exceptional service we provide. Their unwavering commitment, day in and day out, plays a pivotal role in creating a nurturing and supportive environment for our residents. This Thanksgiving season, we wanted to express our heartfelt appreciation for their hard work and dedication in a special way. It's their tireless efforts, often going above and beyond, that maintain the high standard of care Echelon is known for. Their empathy, skill, and commitment are the reasons why our residents and their families trust and value us.

To show our gratitude, Echelon organized a Thanksgiving Pie Giveaway exclusively for our staff. It was a small gesture to acknowledge the big difference they make in the lives of so many. Each delicious pie was a symbol of our appreciation, a sweet thank you for their sweet contributions to our community. This event was not just about giving away pies; it was about bringing a smile to the faces of those who work so diligently to care for others. It was our way of saying, 'we see you, we value you, and we thank you' - reinforcing the culture of mutual respect and appreciation that Echelon holds dear.



WHAT'S HAPPENING AROUND ECHELON

Veterans Day

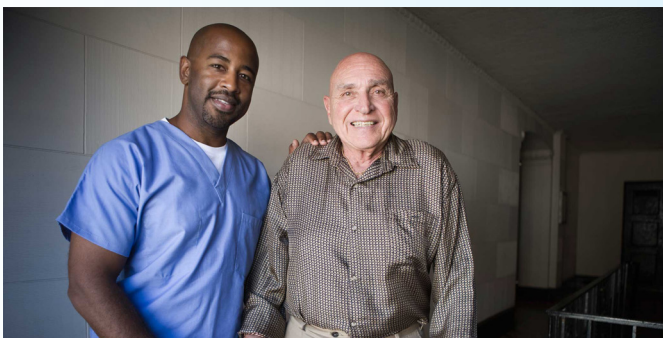
Alive with gratitude and respect, today at Echelon Care Center, we raise a toast to the veterans who have showcased unparalleled courage and sacrifice. As we honor these brave men and women, we reflect on the profound impact they've had on our nation and our individual lives. Their stories of valor and resilience resonate within the walls of our center, inspiring both staff and residents alike.



Each veteran among us brings a unique tale of bravery, a narrative that enriches our community and reminds us of the strength of the human spirit. Their selflessness and commitment to a cause greater than themselves set a standard of excellence that we aspire to every day.

As we celebrate these heroes, we are reminded of the importance of support and acknowledgment for their service. It's not just about remembering their past deeds, but also about providing them with the care and respect they deserve in the present.

So, here's to our veterans – your courage, your dedication, and your service will always be remembered and honored here at Echelon. You are not just heroes of the past, but pillars of strength and inspiration for our future.



WHAT'S HAPPENING AROUND ECHELON

World Pneumonia Day

Here are a few tips that we believe can keep you happy and healthy during this holiday season! Take a moment and review our list so you'll keep your loved ones and yourself safe this year!



PNEUMONIA PREVENTION TIPS:



- 01** Frequent hand washing is very important.
- 02** Keep up with regular dental hygiene.
- 03** Immunizations are key.
- 04** Talk to seniors about smoking.

Caretakers Event

We attended the Grandparents and Caretakers event this week at the Northeast Learning Center. Echelon's Grace Kong is featured with Pearl Huynh, Executive Director of Northeast Chinese Association. State Representative Jared Solomon was there to welcome everyone and give out awards to his mother, who organized the event.



WHAT'S HAPPENING AROUND ECHELON

Testimonial

At Echelon, each testimonial we receive is a resonating endorsement of our passion and commitment. The stories shared by our residents and their families are not just feedback; they are heartfelt narratives that reflect the impact of our work on their lives. Each expression of gratitude, every recounted moment of comfort and support, deeply moves us and reinforces our dedication to excellence in care.

WE LOVE YOUR FEEDBACK!

"We truly believe that we made the right decision by choosing Echelon Care and Rehab. Our father is in very good hands taking care of him."

— S.L.



We feel immensely grateful for these testimonials, as they are a testament to the strong bonds we have formed within our community. They encourage us to continually strive for excellence, reminding us of the importance of empathy, expertise, and personalized care in our daily interactions.

These stories of hope, recovery, and companionship don't just echo within the walls of Echelon; they inspire and motivate every member of our team. They are a powerful reminder of why we chose this path - to make a meaningful difference in the lives of those we serve. Our residents' journeys and successes are what drive us forward, fueling our commitment to providing exceptional care and a nurturing environment for all.



WHAT'S HAPPENING AROUND ECHELON



Sisterhood Society

At Echelon Care and Rehab, we are filled with immense pride as we celebrate a significant milestone for our esteemed Chinese Community Director, Grace Kong. Marking 25 years of dedicated service with the Chinese American Sisterhood Society of Philadelphia, Grace's journey stands as a beacon of commitment, cultural enrichment, and community service. Her role as one of the founding members of the society has been instrumental in shaping the landscape of support and opportunities for the American Chinese community. Her tireless efforts and visionary leadership have significantly contributed to the development and implementation of various programs and services that resonate deeply within the community.



Grace's work extends beyond mere service; it's a testament to her passion for fostering a sense of belonging and empowerment among the American Chinese populace. Through her endeavors, Grace has facilitated numerous cultural, educational, and social initiatives, thereby enhancing engagement and understanding within the broader community. At Echelon, we recognize and honor her invaluable contributions, not just in her capacity as a director but as a pivotal figure who continues to bridge communities and cultivate an environment of inclusivity and growth. Her dedication over the past 25 years has not only enriched lives but has also set a remarkable example of leadership and community service.



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